

<b>Item No.</b>	<b>Classification:</b> Open	<b>Date:</b> 1 November 2021	<b>Decision Taker:</b> Southwark Health and Wellbeing Board
<b>Report title:</b>		Southwark Joint Mental Health and Wellbeing Strategy 2021-2021	
<b>Ward(s) or groups affected:</b>		All	
<b>From:</b>		Genette Laws, Director of Commissioning, Children's and Adults' Services, Southwark Council Sam Hepplewhite, Place Based Director (Southwark), NHS South East London CCG	

## RECOMMENDATION(S)

1. The Health and Wellbeing Board to comment on and endorse the Southwark Joint Mental Health Strategy 2021-24 and priorities for action highlighted within it.
2. The Health and Wellbeing Board to review and endorse arrangements for implementation of the Southwark Joint Mental Health Strategy 2021-24 through the Mental Health and Wellbeing Delivery Oversight Group, its membership and terms of reference.
3. The Health and Wellbeing Board notes that a plain English version of the strategy with case studies/pic pictures that describe how the strategy will change the lives of residents in the borough.

## BACKGROUND INFORMATION

4. The Joint Mental Health and Wellbeing Strategy 2018-21 was approved by the Health and Wellbeing Board in 2018. It was co-produced with input from Southwark's diverse communities and set out a framework for transforming mental health services to ensure that no one is left behind. A key component of the Strategy was to ensure individuals who experienced mental health problems were not stigmatised or marginalised and experienced health and social care services that treat the mind and body equally.

## KEY ISSUES FOR CONSIDERATION

### 5. National and Local Developments 2018-2021

Several significant events took place after the Strategy was agreed, including the global COVID-19 pandemic as well as the publication of national frameworks that needed to be considered in developing priorities for mental health services. These included the *NHS Long Term Plan*, and *Modernising the Mental Health Act: Increasing choice, reducing compulsion*, among others.

A national survey conducted before the coronavirus pandemic revealed that significant numbers of adults in England had experienced symptoms of a common mental health problem and/or had considered taking their own life at some point. Nearly half of adults believed that they had had a diagnosable mental health problem during their lifetime, but only a third had received a formal diagnosis, indicating substantial unmet needs.

There have also been a number of local initiatives since the publication of the Mental Health Strategy 2018-21, the outcomes from which need to be taken account of in developing local priorities for mental health services.

These include:

- *Southwark Stands Together*, a borough-wide initiative established in response to the murder of George Floyd, which aims to better understand the injustice and racism experienced by Black, Asian and Minority Ethnic communities in order to deliver a fairer and more equal society. It is a long-term programme of positive action, education and initiatives for the Council to work in solidarity with Southwark's Black, Asian and Minority Ethnic communities and Council staff to tackle racism, injustice and inequality.

*Southwark Stands Together* has developed a model of community engagement for use with the Black, Asian and Minority Ethnic communities, who have been disproportionately affected by the pandemic and are underserved by local provision, to inform the commissioning of services that are effective and appropriate to their needs around mental health.

The Council's Public Health division is developing a new health inequalities framework to support the implementation of the *Southwark Stands Together* recommendations.

- The *South London Covid-19 Preventing Mental-ill Health Taskforce* was created by the three South London mental health trusts in response to the pandemic to drive a long-term programme focused on working upstream and preventing people falling into mental health crises. The Taskforce has representation from south London Mental Health Trusts, CCG partners, Local Authorities, Healthwatch, Public Health England, Citizens UK, Black Thrive, as well as experts by experience.

The Taskforce commissioned a four-month community listening campaign involving more than 5,700 people from south London boroughs in the *South London Listens* campaign.

*South London Listens* identified key priority areas for action that were agreed by borough health and social care decision-makers. These include:

- development of a mental health champions programme to counter social isolation and loneliness through community involvement
- paying the London Living Wage to all employees of south London Mental Health Trusts, CCGs and Local Authorities and in the medium to longer term their commissioned providers
- creating virtual waiting rooms for children and young people referred to mental health services, to support teachers, parents and young people whilst waiting for services to start
- establish parent-led groups across south London to improve parental mental health through peer-to-peer support, and community-led mental health solutions that have been co-produced with them
- deploying mental health practitioners in community organisations to enable migrants, refugees, and diaspora communities to access mental health services designed for them by building trust among them in the services
- developing a culturally capable workforce by inviting community institutions to input in to the training of mental health staff

System-wide key decision-makers across South London, including Southwark LA and NHS, signed up to deliver the above priorities, through joint working and collaboration between the boroughs health and care economy. Encouragingly, Southwark had already made good progress locally on a number of the above.

- The Health and Wellbeing Board agreed a refresh of the 2018-21 Strategy to reflect the above developments and review the Strategy's priorities whilst retaining the good work that still held true.
- The Health and Wellbeing Board also agreed that the *COVID-19: Mental Health Rapid Impact Assessment*, Southwark's Joint Strategic Needs Assessment from June 2020 be used to inform the Strategy refresh.

- The approach agreed for the refresh was to have a partnership arrangement between the Council (children and adults services (CAS), and public health teams) and the CCG. The leads identified were Genette Laws from Southwark Council CAS, Farrah Hart from Southwark Council Public Health, and Sam Hepplewhite and Nancy Kuchemann from SEL CCG Southwark Place-based Team. It was agreed that Katherine Kavanagh, Healthy Populations Programme Lead in the Partnership Southwark Commissioning Team would lead the development of the strategy.
- The approach to be taken in developing the strategy would incorporate:
  - Promoting population mental health and wellbeing
  - Improving the range of and access to mental health and wellbeing services
  - Achieving national and local policy imperatives
  - Delivering good outcomes and improved value for money
  - Reducing stigma and building confidence

## 6. **Southwark Joint Mental Health and Wellbeing Strategy Refresh 2021-2024**

The Strategy's development has been led by the Healthy Populations Team with input from a Task & Finish Group established for this purpose with representation from across borough health and social care providers and/or stakeholders.

It seeks to achieve national and local policy imperatives and promote the mental health of residents by improving the range and access to services and delivering good outcomes and value for money by reducing stigma and building confidence in services. There is a particular focus on addressing inequity of access and over-representation of Black, Asian and Minority Ethnic communities in relation to mental health services.

Priority areas (workstreams) identified for delivery in the Strategy include:

1. Prevention and Mental Health Promotion
2. Wellbeing, Information, Advice and Support in the Community
3. Primary Care and Mental health
4. Improving Access to Psychological Therapies (IAPT)
5. Community Mental Health Transformation
6. Averting Crises and Reducing Suicide
7. Providing Opportunities for Recovery, Volunteering and Employment Support
8. Older people and Dementia
9. Autism and Learning Disabilities
10. Personalised Care including Personal Health Budgets for Mental Health
11. Hoarding
12. Mental Health Medicines Optimisation
13. Housing and Complex Care and Support

- 14. Children and Young People's Services.
- 15. Drug and Alcohol Use and Mental Health (including Dual Diagnosis)
- 16. Asylum seekers' Mental Health and Wellbeing needs

All seven priority areas from the 2018-2021 Strategy have been retained with a further nine priority areas identified for inclusion in the strategy refresh, resulting in a total of sixteen priority areas/workstreams for the Southwark Joint Mental Health and Wellbeing Strategy 2021-2024. The additional workstreams reflect reorganisation of service provision in line with national policy as well as additional emerging local priorities for action.

In addition there are two overarching priorities for the Strategy that are applicable to all workstreams. These are workforce development; and community engagement and co-design that are informed by national and local initiatives. These include the *Patient and Carer Race Equality Framework* (PCREF), *South London Listens* and *Southwark Stands Together* amongst others

Each workstream has provided key priorities for delivery over the three years of the Strategy Refresh 2021-24.

Strategy implementation will be overseen by a Joint Mental Health and Wellbeing Delivery Oversight Group with representation from all key stakeholders. This will meet quarterly to support delivery of work plans with an emphasis on workforce development and engagement and co-design of planned interventions. The Group's Terms of Reference and membership has been agreed and meetings will commence November 2021.

## 7. Timeline of Strategy Development

Action	Lead	Date
Approach agreed for Strategy development	Health and Wellbeing Board	December 2020
Outline implementation plan agreed by leads	Genette Laws Sam Hepplewhite Kate Kavanagh Farrah Hart	December 2020
Joint Mental Health Strategy Task & Finish Group established	Kate Kavanagh	January 2021
Strategy Steering Group scope agreed	Genette Laws Sam Hepplewhite Kate Kavanagh Farrah Hart	January 2021
Workstreams for Strategy priority areas and named workstream leads identified	Kate Kavanagh	January 2021
Bi-weekly meetings of Strategy Task & Finish Group to develop 2021-24 Strategy	Kate Kavanagh Strategy Steering Group/Workstream Leads	February – June 2021
First draft of refreshed 2021-24 Strategy produced	Kate Kavanagh / Jubin Mama	July 2021
Review and further development of first draft to result in final 2021-24 Strategy document	Kate Kavanagh / Jubin Mama Strategy Task & Finish Group/Workstream Leads	August – September 2021

Action	Lead	Date
Membership and Terms of Reference of Joint Mental Health and Wellbeing Delivery Oversight Group developed and agreed with key stakeholders	Kate Kavanagh	August 2021
Interim Report on Strategy Development to Southwark Health and Wellbeing Board	Kate Kavanagh	September 2021
Final 2021-24 Strategy document to Southwark Children and Adults Board for review and feedback	Genette Laws	October 2021
Final 2021-24 Strategy document to CSI Board for review and feedback	Kate Kavanagh	October 2021
Final 2021-24 Strategy document to Southwark LMB	Genette Laws	October 2021
Final 2021-24 Strategy document to Southwark Health and Wellbeing Board for endorsement	Kate Kavanagh	November 2021
First Meeting of Joint Mental Health and Wellbeing Strategy Delivery Oversight Group	Kate Kavanagh	November 2021

## **Policy framework implications**

8. Not applicable

## **Community, equalities (including socio-economic) and health impacts**

### **Community impact statement**

9. In agreeing the refresh of the Mental Health and Wellbeing Strategy 2018-21 at its meeting of 21 December 2020 the Health and Wellbeing Board was appraised of the risk that not refreshing the Mental Health and Wellbeing Strategy in light of the experiences and outcomes for local residents during the COVID-19 pandemic would pose.
10. The existing strategy (2018-2021) does not reference or reflect the disproportionate detrimental effect of the COVID-19 pandemic on the mental health and wellbeing of Southwark's most vulnerable communities; or enable the local health and care economy to collaboratively redress the health inequalities faced by those residents by formulating a strategy for that purpose.
11. The mitigation for this risk was to refresh the strategy to inform the system's holistic response in address inequalities and unmet needs of vulnerable population groups in Southwark as a result of the pandemic.

### **Equalities (including socio-economic) impact statement**

12. The strategy has been informed by local intelligence and the Joint Strategic Needs Assessments undertaken by Southwark Public Health.
13. It has been developed by workstream leads drawn from across the range of stakeholders in Southwark with a specific emphasis on reducing inequalities and addressing priority needs.
14. Through adopting interventions that are developed and implemented after effective community involvement and reflects best practice developed locally, regionally and nationally the strategy seeks to improve the mental health and wellbeing of Southwark residents.

### **Health impact statement**

15. Poor mental health and wellbeing results in a broad range of public health relevant impacts on inequalities and outcomes across physical health, education, employment, relationships, violence and crime. The focus of this

strategy on prevention, early intervention, and promotion of mental wellbeing, particularly for higher-risk groups, will support the prevention of mental ill-health and help to address unmet need in the local population.

### **Climate change implications**

16. Not applicable

### **Resource implications**

17. Not applicable

### **Legal implications**

18. Not applicable

### **Financial implications**

19. Financial implications in relation to the strategy are reserved to the relevant funding bodies.

### **Consultation**

20. The 2021-2024 Strategy development has been informed by public engagement; and interventions to address identified needs will be co-designed, implemented and evaluated in collaboration with local communities.

21. Best practice in public engagement developed locally and regionally (recommendations for engagement set out by *Southwark Stands Together* and *South London Listens* pledges endorsed by health and care leaders in Southwark) have informed the development of the Strategy and will continue to inform its implementation.

22. Amongst other priorities, appropriate, relevant public engagement in delivering the Strategy is one of the key priorities for the Joint Mental Health and Wellbeing Delivery Steering Group constituted to oversee delivery of the Southwark Joint Mental Health and Wellbeing Strategy 2021-2024.

## **SUPPLEMENTARY ADVICE FROM OTHER OFFICERS**

### **Director of Law and Governance**

23. Not applicable

### **Strategic Director of Finance and Governance**

24. Not applicable

### **Other officers**

25. Not applicable

## **BACKGROUND DOCUMENTS**

<b>Background Papers</b>	<b>Held At</b>	<b>Contact</b>
Southwark Joint Mental Health and Wellbeing Strategy 2018-21	Partnership Southwark Integrated Commissioning Team  160 Tooley Street London SE1 2QH	Jubin Mama Project Manager (Healthy Populations)  020 7525 2179
<a href="https://selondonccg.sharepoint.com/sites/Southwark/IC/PCCDocuments/Healthy%20Populations%20Programme/Mental%20Health%20and%20Wellbeing/2020%20MH%20Strategy%20Refresh/2018-2021%20Strategy%20documents/2018-2021%20Southwark%20Joint%20Mental%20Health%20and%20Wellbeing%20Strategy.pdf">https://selondonccg.sharepoint.com/sites/Southwark/IC/PCCDocuments/Healthy%20Populations%20Programme/Mental%20Health%20and%20Wellbeing/2020%20MH%20Strategy%20Refresh/2018-2021%20Strategy%20documents/2018-2021%20Southwark%20Joint%20Mental%20Health%20and%20Wellbeing%20Strategy.pdf</a>		
Mental Health Wellbeing Overview of COVID-19 impacts on Mental Health and Southwark response	Southwark Public Health  160 Tooley Street London SE1 2QH	Jin Lim Acting Director of Public Health (2020)
<a href="#">(Public Pack)Supplementary Agenda No. 1 Agenda Supplement for Health and Wellbeing Board, 11/11/2020 13:00 (southwark.gov.uk)</a>		

## APPENDICES

No.	Title
Appendix 1	Southwark Joint Mental Health & Wellbeing Strategy
Appendix 2	Southwark Joint Mental Health & Wellbeing Strategy Workstream Plans 2021-2024
Appendix 3	Southwark Joint Mental Health & Wellbeing Strategy Workstream Leads 2021-2024

## AUDIT TRAIL

<b>Lead Officer</b>	Genette Laws, Director of Commissioning, Children and Adult Services, Southwark Council Sam Hepplewhite, Place Based Director (Southwark), NHS South East London CCG		
<b>Report Author</b>	Kate Kavanagh, Programme Lead (Healthy Populations) Jubin Mama, Project Manager (Healthy Populations), Partnership Southwark Integrated Commissioning Team		
<b>Version</b>	1 (HWBB format)		
<b>Dated</b>	20 October 2021		
<b>Key Decision?</b>	No		
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER</b>			
<b>Officer Title</b>		<b>Comments Sought</b>	<b>Comments Included</b>
Director of Law and Governance		N/A	N/A
Strategic Director of Finance and Governance		N/A	N/A
<b>Cabinet Member</b>		Yes	N/A
<b>Date final report sent to Constitutional Team / Scrutiny Team</b>			26 October 2021